



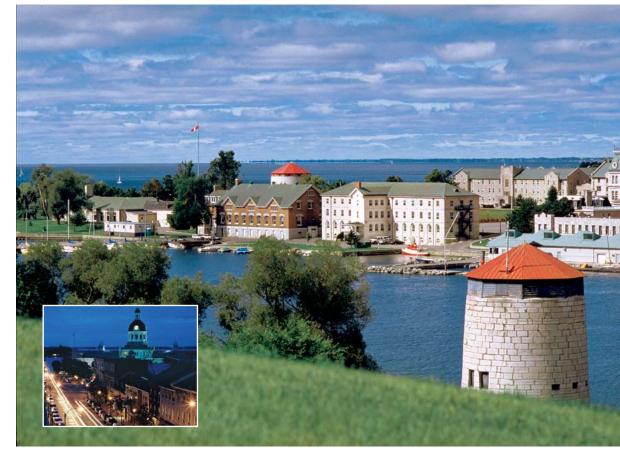
## life on the water

A city built on history and sustained by innovation, Kingston offers a superb quality of life and exciting opportunities to live, learn, work or play.

Kingston is situated at the junction of Lake Ontario and the St. Lawrence River, less than a 2.5 hour drive from Toronto, Ottawa and Montreal.

Kingston's heritage is evident through its many impressive 19th century limestone homes and buildings, and its red brick Victorian architecture. Historic neighbourhoods, the ivy-covered buildings of Queen's University, and an inviting stretch of waterfront parkland make Kingston's downtown core both beautiful and vibrant.







## kingston **culture**



### Some of our favourite annual events

Historic Hockey Series –
an 1886 re-enacted game
Kingston Canadian Film Festival
It's a Grand Summer!
Live theatre at The Grand
Fanfayr Outdoor Arts & Crafts Show
Sunset Ceremonies at Fort Henry
every Wednesday evening
in July & August

Buskers Rendezvous Kingston Symphony 1812 Overture at Fort Henry

Taste of Kingston United States Marine Corps Tattoo at Fort Henry

Limestone City Blues Festival Doors Open Kingston Chilifest

Dragonboat Festival
1000 Islands CAN-AM Poker Run
For a complete listing of events visit kingstoncanada.com

Experience a renaissance of the mind, heart and soul as you delight in this dynamic city on the water. Spend an afternoon at one of the many local bookstores or cafés. Or listen as local musicians perform in the park, lounges and pubs. Kingston's eclectic combination of music, cuisine, art, history, summer theatre and live entertainment create a unique culture.

Kingston is home to numerous Juno award-winning musicians – including The Tragically Hip, Sarah Harmer and David Usher – and award-winning authors like Helen Humphreys, Diane Schoemperlen and Peter Trueman. Artists and performers thrive here, drawing inspiration from Kingston's rich history and diverse lifestyles.



# touring and sightseeing

As hard as we work, we all need to play. Just beyond Kingston's downtown core, there are more than 20 miles of bike paths. Hiking, cross-country biking or skiing are available at a dozen provincial parks all within an hour's drive of the city. And, within city limits, there are several conservation areas offering a wide range of recreational activities.

Cruise through the awe-inspiring 1000 Islands along the shores of Lake Ontario and the St. Lawrence River. Hop on the Tour Trolley to learn about Kingston's stunning architectural history and fascinating past.



## boaters' paradise



### Kingston is celebrated

as the "freshwater sailing capital of the world". Sailing, cruising, canoeing, kayaking and rowing are all available in Kingston. The St. Lawrence River presents vast touring possibilities through a myriad of islands and channels. The Rideau Canal is another option, allowing you to navigate through this historic waterway that connects Kingston to Ottawa. Lake Ontario, more like an inland sea, provides fishing charters, plus great wind for sailing and windsurfing.





### **culinary** adventures

Dining in Kingston showcases the talents of our local chefs and bakers. Relax in a charming limestone French bistro with a glass of wine and hors d'oeuvres. Chill on a patio under a magnolia tree nibbling on gambas and spring rolls. Kingston restaurants serve authentic French, Italian, Irish, Greek, German, Indian, Thai, Japanese, Mediterranean, Caribbean and Vietnamese cuisine.

Pub Crawl... Kingston's pubs are an important part of the city's culture. They are where people gather to share a jar, break bread and catch up on news. Take the tour... many of these historic buildings are almost as interesting as the characters that frequent them.





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### the retail trail



Whether you are a devoted shopper or a weekend wanderer, there are some wonderful shopping options waiting for you. Kingston provides everything from high-end trendy boutiques, to big box stores. Kingston has been ranked along with Halifax and Victoria as one of the top three downtowns of Canada. Kingston's outdoor Farmer's Market, located directly behind City Hall, is the oldest continuously run market in Canada. Every Tuesday, Thursday and Saturday the market is brimming with local fruits and vegetables, baked goods, flowers and crafts. On Sunday, during high season, the market is transformed into a busy Antique Market – be sure to get there early!



### your home away

Whether you're looking for the perfect getaway, or a place to kick back after a full day of meetings, accommodation to suit your style awaits. Be it a modern, full-service suite, a period room with antique furnishings, or simply a comfortable bed to dream the night away, choose from more than 50 area inns and B&Bs. For the business traveler, there are many conveniently located hotels in the heart of the business and entertainment district. Larger inns and hotels offer complete business travel packages.





# share kingston

Share a weekend away from it all in the stunning heritage district of Kingston. Visit local haunts to sample live music. Share a kiss on a scenic sunset cruise. Hold hands during an acclaimed theatre production. Stay in bed late, enjoy the waterfront view. Or spend the time between dawn and dusk in specialty shops, boutiques and galleries. To share the experience of falling in love all over again, visit sharekingston.com or call 1-888-855-4555 x 24 today.

\*Prices per night based on double occupancy.

†For full package details and conditions, please visit www.sharekingston.com.

### \$129pp. Includes accommodation, meals, passes to city

tours and sights<sup>†</sup>.

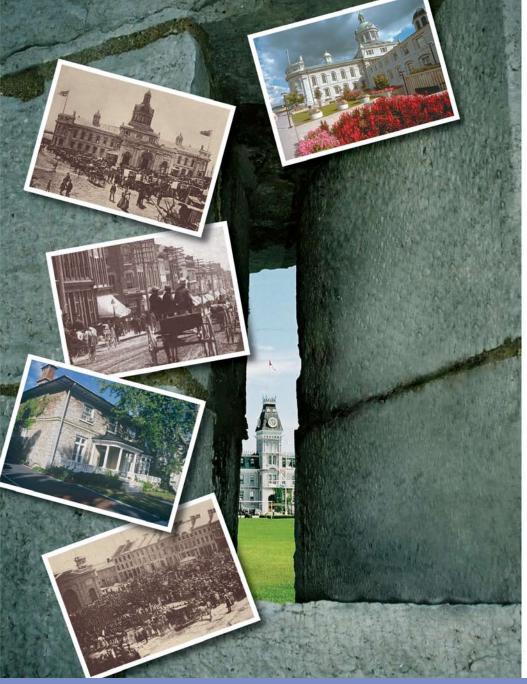
**GETAWAY PACKAGES** 

TRAVEL DISTA	ANCES Km
Toronto	. 267
Ottawa	. 190
Montreal	.290









### Historic Kingston

#### Did you know...

- Kingston was the first Capital of the United Provinces of Canada in 1841
- Kingston is home to Canada's first Prime Minister, Sir John A. MacDonald
- Kingston's Market Square is home to Canada's Oldest Operating Farmers' Market since 1801
- The LaSalle Causeway in Kingston is Canada's longest lift bridge
- Kingston has one of the oldest municipal police forces in Canada, since 1841
- The Kingston Whig-Standard is the oldest continuously published newspaper in Canada
- Kingston is the world-recognized freshwater sailing capital and was the site of the 1976 Olympic sailing competition
- Kingston offers some of the best freshwater diving in the world with more than 400 shipwrecks, the underwater museums of our past
- Kingston is the gateway to over 1,864 islands (and you thought there were only 1,000!)